

Resurrection Life of Jesus Church

A STUDY ON THE HOLY SPIRIT

RLJ-2018

JOHN S. TORELL

JUNE 8, 2025

PART 3: SPIRITUAL VS. PHYSICAL

INTRODUCTION

After many years of deliverance ministry and observing first-hand the desperation of people who have sought help from this ministry, I have been able to identify a common denominator that pervades age, gender, and life experiences in those seeking to be set free from demons. Soul damage everyone has in common, occurring moments after conception and any time throughout a person's life on earth.

This might be a new concept, but any type of trauma to a person will damage their soul and opens the door to sickness in the physical body. These traumas are a legal way for demons to enter the body since evil spirits are always associated with fear.

I want to share what the Holy Spirit has revealed to me concerning soul damage. The church is weak today because it has not understood weighty spiritual matters and a lot of people are not experiencing the abundant life Jesus promised.

"The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly." (John 10:10)

THE SOUL

God is triune, so when He created Adam and Eve, He made them triune just like Himself. The Hebrew word for God in the creation account is "Elohim," which means "Gods" in plural. That is why God refers to Himself in plurality.

"And God said, Let us make man in our image, after our likeness..." (Genesis 1:26a)

The Godhead consists of God the Father, God the Son and God the Holy Spirit. Adam and Eve were created with a physical body, a soul, and a spirit. **Genesis 2:7**

Jesus came to the garden every evening and communed with them, speaking to their spirits. God instructed Adam not to eat from the Tree of Knowledge of Good and Evil. When Eve disobeyed and Adam joined his wife in rebellion, God's warning came to fruition and they immediately died spiritually. **Genesis 2:15-17**

The Bible records that Adam's physical body lived for 930 years, but his spirit died in the Garden of Eden. **Genesis 5:3-5**

Jesus told us that God the Father wants mankind to worship Him in spirit and in truth.

"But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him. God is a Spirit: and they that worship him must worship him in spirit and in truth." (John 4:23-24)

The apostle Paul further detailed the difference between the soul and spirit of a man. It is impossible for a soul to directly communicate with God. You must be born again, which is a process where a dead spirit is made alive and receives the ability to communicate with God. **1 Corinthians 2:9-16**

The soul originates from the spirit world and is created by God.

“Before I formed thee in the belly I knew thee...” (Jeremiah 1:5a)

The Bible doesn't give any indication when souls are created. The only thing we know for certain is that the soul of a person is added to the new cell consisting of an egg and a sperm at the moment of conception. This does not mean that man has lived in a previous life because reincarnation does not exist. Once a soul has been created, it is eternal and eventually ends up in Heaven or the Lake of Fire. **Revelation 20:11-15**

The soul encapsulates all your characteristics such as intelligence, talent, memory and emotions. Contrary to what some may believe, your personality is located in the soul, not the physical brain; however, because of Adam and Eve's sin, the soul is contaminated with a sinful nature. Evidence of this can be found in the fact that you don't have to teach a child to sin. It comes naturally from within and the sinful nature becomes more sophisticated and evil with age. This is the reason Jesus came as the Savior; He came to save us from our sinful nature and give us a Christ-like nature that resides in the born again spirit. **1 John 3:1-10**

There is another thing that happens at the moment of conception; a spirit is inserted into your spiritual makeup and immediately dies, remaining dead until you hear the Gospel and receive Jesus as your Lord and Savior. The Bible refers to this experience as the second birth or being born again. **John 3:1-8**

When the soul is created by God, it is not undeveloped like our physical bodies at conception. The soul attached to the physical body in the womb is created as an adult and has to wait for the body and brain of the baby to develop into an adult before it can reach its maximum potential. The physical body is the vehicle for the soul to use on this earth and the brain is the computer by which the soul works through. With this knowledge, it is therefore easy to recognize how alcohol and drugs would be detrimental to the soul, because these harmful substances alter the physical brain and prevent the soul from properly communicating through the brain.

A soul can only remain on earth as long as it resides in a physical body. When the physical body dies, the soul is freed and taken to heaven or hell.

Soul damage can occur while the fetus is physically maturing in the mother's womb. The soul of the child hears and feels the emotions of its mother. If there is a trauma while the mother is pregnant, that trauma will cause fear and anxiety in the soul of the unborn child, and this in turn will cause all kinds of damages and wreak havoc in the physical body as it matures. If the child is conceived out of wedlock and the parents talk

about aborting the baby, it will greatly traumatize the soul, opening the door for Satan to insert a spirit guide to act as a gatekeeper or supervisor in the soul.

If you're familiar with the concept of a guardian angel, this spirit guide will try to block the Holy Spirit from guiding the person and they will become a useful citizen in the Kingdom of Satan. An arrested development spirit will hinder emotional growth and the person will not progress emotionally beyond the time when the evil spirit entered the soul. The spirit of fear is a paralyzing force in that person's life that hinders them from developing faith in God.

If the parents have arguments and violent fights during the pregnancy, the soul of the baby will be damaged. Just a single incident is enough for demons to attach themselves to that child, which allows disease to develop that can range from retardation to diabetes. Do you think one fight is worth a lifetime of difficulty and pain for the child?

If the parents are having sex outside of marriage, involved in pornography, or homosexual acts, these types of demons will automatically enter the child in the womb. Satan and his demons have the ability to alter the DNA and genes in the body of the unborn child. Thus, when a child grows up and begins to manifest homosexual feelings, it is because the DNA and genes have been altered.

Even though there is no "gay gene," many homosexuals insist they didn't choose the homosexual lifestyle, but were simply born that way. I would agree with them on that point. They were born with a homosexual disposition, but the good news is that the Holy Spirit can repair all damaged DNA and genes at the moment of salvation; however, the evil spirits must be removed before the person can have a normal life.

THE MAKEUP OF A SOUL

Our physical bodies on earth are solid when they collide against each other and it is the same in the spirit world. Invisible to the physical eye, the soul is solid spiritual matter and consists of a spiritual body and a spiritual brain. The soul brain comes pre-programmed by God and has the following programs installed: trust, love, faith, knowledge of right and wrong and a language learning ability.

See the appendix as I will be referring to its diagram from this point forward.

A baby that is born to Christian parents will display these programs but not all homes operate under ideal conditions. Most children have these programs destroyed or negatively altered when they are exposed to ungodly television programs, music, and the humanistic brainwashing that takes place in the public schools.

The language program usually lasts until a child is around eight or nine years old and then it begins to fade and it becomes harder to learn another language. A child that is reared in a bilingual family will easily learn both languages.

The soul brain is described in the Bible as the “eye,” “heart,” and “mind” and consists of two compartments: the conscious mind and the subconscious mind. The conscious mind is like the processor in a computer and the subconscious mind is like a hard drive.

*“The light of the body is the **eye**: if therefore thine eye be single, thy whole body shall be full of light. But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is that darkness!” (Matthew 6:22-23)*

*“O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the **heart** the mouth speaketh. A good man out of the good treasure of the heart bringeth forth good things: and an evil man out of the evil treasure bringeth forth evil things.” (Matthew 12:34-35)*

*“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your **mind**, that ye may prove what is that good, and acceptable, and perfect, will of God.” (Romans 12:1-2)*

The subconscious mind in the soul is wired to the subconscious part of the physical brain, which controls the automatic functions of the physical body. It controls the heart, the digestive system, the endocrine system, blood pressure, etc.

This means that when there is damage to the soul, it is the subconscious mind (hard drive) that contains them. These damaged areas are points of contact for demons to enter and most diseases originate from the subconscious soul mind, which creates negative energy that alters the set functions of the human endocrine system and the digestive system. The affected person will be unable to figure out why he is sick in the body and the conscious mind of his soul is unable to reach into the subconscious mind and discover the problem.

Hypnosis is a satanic method that people use to get access to the subconscious part of the soul brain. People involved in mind control use extreme traumas to create splits in the subconscious part of the soul mind, and each trauma is a point of contact for demons that will manifest as a split personality. Each demon will have a different voice and a different personality.

DEMONIC ACTIVITIES

As I have previously stated, demons will infest the subconscious part of the soul mind and from there they will control the person’s conscious mind and the physical body.

Hate creates so much negative energy that it eats on the body just like rust does with iron. Bitterness creates arthritis and each disease in the physical body has a spiritual root that is the result of a demon sitting in the subconscious mind of the soul. These different demons will attack the physical body and disrupt its normal functions, and since the soul must stay in the body, it will be severely handicapped. A sick body does not function very well.

When a person suffers a stroke, it destroys part of the physical brain. Since the soul has to work through the brain, it no longer is able to function normally. Thus, a person is handicapped and can no longer function in a normal manner.

The body will grow older and slowly become less functional but the soul does not age.

2 Corinthians 4:16

Dementia and Alzheimer's are damages to the physical brain and in time these diseases will shut down the soul's ability to communicate through the physical body.

Since the physical body is controlled by chemical secretions and electrical impulses, it is easy for demons to exploit soul damages to over produce or under produce chemical secretions and electrical impulses, which in turn causes the physical body to be dysfunctional.

THE SPIRIT

The Bible says very little about the spirit of a man. We know that when a human is conceived, the spirit dies upon contact with the soul because of Adam's sin.

1 Corinthians 15:21-22

Therefore, when that person is born again, the dead spirit is made alive. **John 3:5-6**

The spirit's origin is of the spirit world; it was created to operate with the soul mind and control it. When the Holy Spirit speaks to us, He communicates to our spirit, which works in conjunction with the soul mind and then to the physical body.

As I sit and write out this teaching, the Holy Spirit is speaking to my spirit, which tells my soul to transmit the information to my physical brain, which in turn controls my fingers and types out the thoughts the Holy Spirit gives me.

It is with our born again spirit that we read and understand the Bible. It is with the same spirit that we pray and it is also the same spirit that causes you to yearn for fellowship with God.

My understanding from the Scriptures is that the spirit does not have a sin nature. Any sinful action carried out comes about as a direct result of the soul. The apostle Paul describes a constant battle that takes place within every human being. (Romans chapter 7)

"For that which I do I allow not: for what I would, that do I not; but what I hate, that do I. If then I do that which I would not, I consent unto the law that it is good. Now

then it is no more I that do it, but sin that dwelleth in me. For I know that in me (that is, in my flesh,) dwelleth no good thing..." (Romans 7:15-18a)

Demons do not have the legal right to attach themselves to the spirit; the spirit needs to dominate the sinful soul and subdue it to obedience to God.

"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God." (Romans 12:1-2)

This is a difficult concept to grasp, so let me illustrate it with computer terminology. The computer I'm using has a dual core processor, allowing it to multi-task different projects simultaneously. In like manner, God has provided us with a "God chip" to control the sin infected soul mind.

The more you pray, meditate on the Word of God and stay in a state of continual praise and worship; the stronger your spirit will be and your spirit will weaken the sinful nature in your soul mind. **1 Peter 2:1-2; Jude 20**

The physical body is neutral; it is neither good nor evil. It is essentially an expression of the soul and the spirit, and if the inner man is good, the physical body will be good as well. You have only to look around to see what happens when the inner man is evil and begin to appreciate the words of Jesus:

"The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light. But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is that darkness!" (Matthew 6:22-23)

The physical brain does not possess any personal character, nor does it store permanent memories or skills learned on this earth. All these things are contained in the soul and spirit. Therefore, when the physical body dies, it goes to the grave and returns to the dust from which it was taken, but the soul and spirit are eternal.

When the physical body dies, the redeemed soul and born again spirit continue to heaven with all your memories, education and skills because they were vested in the soul and spirit. If a man dies in his sins, the unredeemed soul is taken to hell where he retains the memories of life on earth along with the regret that he rejected the gospel message.

As far as I know, the spiritual and emotional maturity you attain before death will be what you retain into eternity. We will not grow spiritually in heaven; all spiritual growth

happens exclusively on earth. When we get to heaven, our knowledge will be increased and we will know all the things that God has done and what He has in store for us, but our maturity is solely developed on earth. The apostle Paul gives us a glimpse of this understanding.

“For other foundation can no man lay than that is laid, which is Jesus Christ. Now if any man build upon this foundation gold, silver, precious stones, wood, hay, stubble; Every man’s work shall be made manifest: for the day shall declare it, because it shall be revealed by fire; and the fire shall try every man’s work of what sort it is. If any man’s work abide which he hath built thereupon, he shall receive a reward.” (1 Corinthians 3:11-14)

“For we must all appear before the judgment seat of Christ; that every one may receive the things done in his body, according to that he hath done, whether it be good or bad.” (2 Corinthians 5:10)

THERE ARE NO SOUL “ALTERS”

I do not believe there is anything such a soul fragmentation or “alters.” God created Adam as a triune being with a physical body, a soul and a spirit. **Hebrews 4:12**

The soul and the spirit do not have two distinctive personalities. As a Christian, I have a soul that has been given a spiritual component in the form of a born again spirit which makes it possible for me to communicate with God in spirit and in truth. **John 4:24**

The soul consists of a spiritual brain and body that is just as tangible as the physical body but invisible to the human eye. At the death of a believer in Christ, the soul/spirit is taken to heaven. The soul is the real person and in heaven it is not be encumbered by the physical body anymore. This newly freed soul can walk, talk, see, think and still retains the memories and skills learned on earth. **Revelation 6:9-11**

The physical body is a replica of the soul body. In the Book of Revelation, we are given a picture of life in heaven. We discover that the souls who once lived in human bodies on earth are still able to stand on their own. They have a head and can think and reason with their soul brain; there is also a torso with arms and hands as well as legs and feet. They are able to speak praise to God. **Revelation 7:9-17**

The physical brain in the human body is like a computer that the soul uses in order to function and communicate on earth.

A physical body can be likened to an automobile. I exist in my physical body on earth and there are times when I want to travel to different places. For instance, I can walk, but in order to save time, I can get into a car that I then control and use it to take me wherever I wish. If someone sees my car, they don’t identify the vehicle as me. Rather,

they would distinguish me apart from my car and say, *“There is John Torell driving around in his car.”* When I am done with my road trip, I turn off the engine and leave it where it is parked. The car is now dead for all intents and purposes until I enter it the next time.

God is omnipotent, omniscient and omnipresent and He alone possesses these attributes. Human beings and angels – holy and unholy – can only be in one place at one time. They do not have the capacity to split into separate parts like God.

The soul is created with a single mind and does not have the capacity to split itself into multiple parts. Even if it were possible, each part would not have the ability to reason, make decisions and operate as a separate entity or fragment. The soul is eternal but it can still suffer damage. This creates hidden information that is stored in the subconscious mind of the soul brain, causing severe damage to the soul as well as to the physical body.

These damages can cause the soul mind to deviate from normal behavior and result in the person acting abnormal. The subconscious mind of the soul can be fractured in that it stores different traumas and closes those memories off from the conscious part of the soul brain. Nevertheless, God has built in a protection system for the soul, so that when a person is exposed to great trauma, the soul mind will send the memory of that trauma into the subconscious mind and block it from surfacing. For example, someone involved in a car accident may remember events prior to the collision, but the crash itself will become blocked and the person will remember nothing.

Some psychiatrists unknowingly use demonic powers to access the blocked memories through hypnosis, which is actually a demon with the capability of entering the subconscious mind and forcing the memory to resurface. This is a spiritual violation of the soul, effectively bypassing the soul mind, and when the person is taken out of the hypnotic state, they will have no memory whatsoever of what just took place.

SUMMARY

The teaching that the soul brain is fractured into entities called “alters” through traumas and mind control is unbiblical. These “alters” supposedly have their own personality, the power to reason, make decisions and become independent from the original soul brain. If true, the split soul would be a conundrum because God did not create the soul with the ability to split itself into independent parts, because if a soul could be split endlessly, which “alter” would Jesus save?

My deliverance ministry started in 1970 and during these years I have encountered split personalities caused by traumas, mind control and/or satanic ritual abuse. It is true that traumas inflicted great damage to the souls of these people and that they manifested different personalities, but these personalities were not “alters,” they were demons who attached themselves to the trauma damages and acted like they were different people living in the same soul.

Over the years we have been successful in helping people discover and discuss the traumas in their lives, and if a person cannot remember, we have seen the Holy Spirit supernaturally reveal what happened. Removing demons from a person and praying for healing of the soul has been the key to setting people free. A person only has to look at the traumatic events in his life, give them to Jesus, forgive the people that caused the trauma and then ask the Holy Spirit to come and heal their broken soul.

“The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, To preach the acceptable year of the Lord.” (Luke 4:18-19)

STRESS

God created the soul and physical body to deal with the stress that is part of our daily lives. We are tied to the clock in order to accomplish the work we have to do on earth. To hold a job, we have to report for work at a certain time and finished assignments within a specified time frame. When we're not at work, there are appointments to keep, along with eating, resting and recreation. If you are a parent, children will also keep you busy with their needs.

Normally, Christians should start each day with the Lord and ask Him for guidance throughout the day so that you will be productive but not stressed out to the point that it causes illness. Dr. McMillen stated the following factors will cause undue stress and damage to the soul, which in turn will make the adrenal gland to malfunction: overwork and fatigue, fear and hate, exposure to cold, heat and wind, accident caused injuries, constantly hurrying and being under tension.

Overproduction of the adrenal gland will cause the following diseases: arthritis, mental diseases, vascular diseases and gastrointestinal diseases.

SOUL DAMAGE TO THE BODY

The average physical body is made up of 37 trillion cells. Each cell is like a factory taking in oxygen, water and nutrients which are used to maintain itself and do the work in the body that it has been created to do. There are constant chemical reactions in the cell which are controlled by light and electricity.

Cells communicate with each other through light and electricity and the physical brain operates clusters of cells like the kidney, heart, liver, etc. by releasing chemical substances from the different glands in the body and through electronic synapses. The nervous system in the body is an incredible electrical cable network designed by God.

When the soul (the real you) is disturbed, it creates negative feelings, which in turn upsets the electrical grid of the human body, and glands will then overproduce or under

produce chemicals. This causes different organs to malfunction and the effect trickles down to the cellular level.

A cancerous cell is one that has been damaged and not operating according to the DNA code given by God. In a sense, it is rebelling when it begins to form a cluster of other cancer cells, which in turn grows into tumors and eventually kills the body.

A soul that has been wounded will attack the physical body God has provided, and if the soul is not healed and does not have the demons removed, in time it will kill its host. A sick soul (the real you) doesn't care about the physical body since it is filled with hate for itself and is committing spiritual suicide.

A sick soul must be confronted by the love of God and receive healing through the Holy Spirit. This is the basic premise of deliverance since healing cannot be achieved when the soul is wounded and oppressed by demons.

PTSD

Mankind was not to live in a constant state of fight or flight. It is highly stressful and that is precisely what warfare entails. No man is ever the same when they are brutalized in basic training and sent into combat. The fear and stress of being on the frontline or a combat base that is attacked by artillery, air strikes or mortar rounds causes deep soul wounds in the soldiers, medics, doctors and nurses who are in forward combat zones.

Millions of men, women and children lived through the American Civil War and a large portion of the population lived with post-traumatic stress disorder (PTSD) for the rest of their lives except for those who came to Christ and received a healing of their soul.

The same holds true for the tens of millions of American servicemen in World War I and II, the Korean War, the Vietnam War, and the wars in Afghanistan and Iraq. The government did not recognize PTSD after the two world wars and continued to ignore it during the Vietnam War. Some 55,000 Americans died on the battlefields in Vietnam, but hundreds of thousands that came home could not cope with what they had seen and done. Their souls were so damaged that they took their own lives. The same holds true for veterans from Afghanistan and Iraq; there are daily suicides among the men and women who can't forget the horrible things they have seen and experienced. Death seems to be the only relief and Satan is having a great harvest.

I have talked to several veterans over the years and they all told me their war experiences were too painful to talk about, so they just kept quiet about it and suffered with the daily pain.

You don't have to have been in a war to have PTSD. It can come about as a result of a car accident, a painful divorce, living through an earthquake or a hurricane. All these things can damage your soul (the real you) and manifest as PTSD. Unsaved people and some Christians will turn to alcohol, legal and illegal drugs to drown out the pain from the wounded soul, but this is not a solution and only makes the situation worse.

There is only one healer on this earth and His name is Jesus Christ. The first two steps to healing are salvation and deliverance in the name of Jesus.

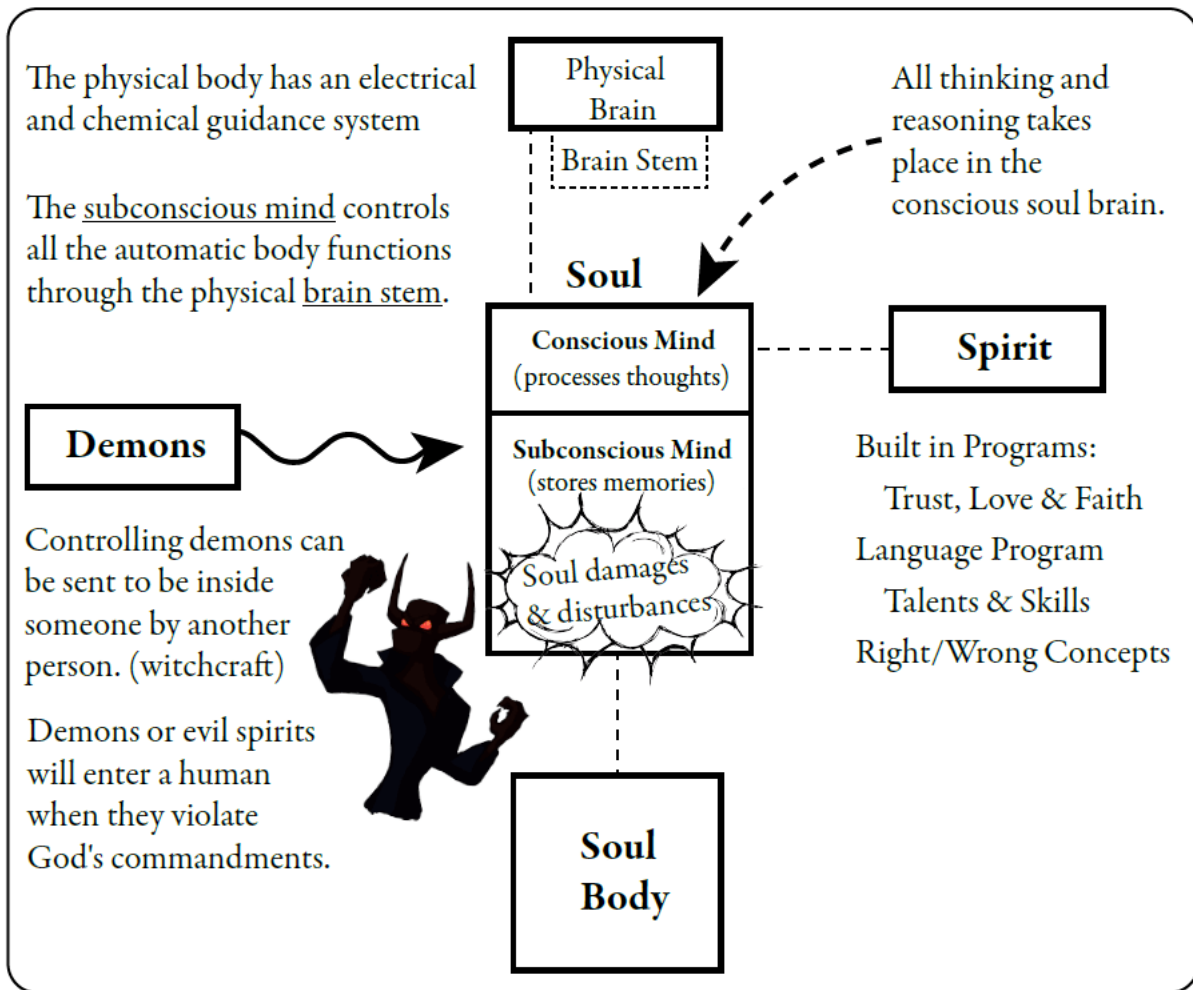
You will never be healed unless you admit that you have a soul problem and reach out for help.

Remember, it's not so important how you begin your life after salvation, but how you finish it!

Do you have an ear to hear with?

Appendix

Physical Body



Birth Component at Conception

