

Resurrection Life of Jesus Church

SICKNESS & SOUL DAMAGE

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PART 8: HEALING FROM BAD MEMORIES

WHAT HAPPENS AT THE MOMENT OF SALVATION?

The Holy Spirit has to remove blindness from the soul section of the mind in order for a person to be given a choice to accept or reject Christ. **John 6:44; 65**

The dead spirit part of the mind is born again. **Ephesians 2:1-5**

However, the fragmented soul section of the mind is not mended nor are the demons driven out! This is a choice that must be made by a believer in Christ. **Matthew 10:1; 5-8**

MIND CONTROL THROUGH BAD MEMORIES

There are many defeats and failures in a person's life before salvation. Each negative item is a trauma that can be minor or major, but regardless, the soul section of the mind is impacted and causes a permanent damage.

The Devil continues to create defeats and failures throughout a person's life and the accumulation of bad memories continues even after a person is saved.

The Bible tells us that a saved person is a new creation but most Christians are never able to experience the truth of these words. **2 Corinthians 5:16-17**

Bad memories will steal faith and hope and bind up the Christian though sickness, despair and hopelessness. **John 10:10**

Jesus came to destroy the works of the Devil. **Acts 10:38; 1 John 3:8**

Jesus came to set us free. **Luke 4:14-21**

Jesus is our only hope. **Acts 4:8-12**

REDEEMING YOUR SOULISH MIND

What are the steps to redeeming the soul section of your mind?

1. Get saved!
2. Make sure that you have forgiven all people, including yourself!
3. Allow God to remove the damage from bad memories!
4. Have someone help you to cast out all demons from you!
5. Get baptized in water!
6. Get baptized in the Holy Spirit!



DESTROYING BAD MEMORIES

Go as far back as you can remember in your mind and write down every negative event that has happened to you. You are sorely mistaken if you believe a selfish child who did not allow you to play with his toys was not a big thing. That is simply not true. It did impact your mind and this negative memory is able to distort your ability to have faith and hope in God.

It might take you several days or more to undertake this project but be as diligent as you can. There will be many things that you cannot remember. Ask the Holy Spirit to bring the forgotten things to mind, and if nothing more comes up, then pray a blanket prayer of destruction over unknown negative memories.

Some of the negative events in your life were caused by others while others were caused by you. Take responsibility for actions and the resulting bad memory.

Forgive those who hurt, rejected or abused you and release them in the name of Jesus and ask God to help you not to hold any more grudges.

When you destroy a bad memory, think about it and relive that moment. Let all the pent up emotions come loose. Don't hold back tears, let them flow and allow yourself to grieve over what has happened. Forgive the people involved in that bad memory, and if it was your fault, be sure to forgive yourself.

If the fault is yours and the people you hurt are still alive, contact them and ask them to forgive you.

Destroying bad memories will take time. There are layers in your soul and as you begin to peel them off, you will remember more and more will resurface. This is not necessarily something that can be done in one day, there might be many settings before you have destroyed all the bad memories.

THE STORY OF JOSEPH

Let's take a look at the story of Joseph and how it relates to this message:

1. Joseph did not have a good childhood. His mother died giving birth to Benjamin. **Genesis 35:16-19**
2. He had three step-mothers who did not like him, his half-brothers hated him and Joseph must have cried often. **Genesis 37:3-4**
3. God gave him two dreams to sustain him. **verses 5-11**
4. He was traumatized in the pit. **verses 23-24**
5. He must have been shocked when he was sold as a slave. **verses 25-28**
6. He was betrayed by a scorned woman. **Genesis 38:7-20**
7. He was forgotten by the chief butler. **Genesis 40:20-23**
8. God eventually vindicated Joseph after 13 horrible years and the prophetic dreams of his childhood were fulfilled. **Genesis 41:37-46**

THE HEALING OF JOSEPH'S SOUL

Joseph had forgiven his brothers but he wanted God to do a healing in their souls. **Genesis 42:18-24**

There was much grief in Joseph's soul and the Holy Spirit led him to work it out for himself and for his brothers. **Genesis 43:15-16; 24-31**

There was still a test for the brothers. **Genesis 44:1-34**

There was forgiveness and healing when all the wounds in the souls of Joseph and his brothers had been worked out. **Genesis 45:1-8**

STEPS TO HEALING

Recall the event. If it was your fault, ask God for forgiveness and then forgive yourself. If someone hurt you, forgive them.

After that, ask the Lord to heal your damaged soul and remove the bad memory. Ask God to burn the bad memory out of the spiritual brain which the Bible calls "the mind."

Close by praising God that you are no longer bound by this negative event.

Remember, it's not so important how you begin your life after salvation, but how you finish it!

Do you have an ear to hear with?