Resurrection Life of Jesus Church NEGATIVE EMOTIONS WILL MAKE YOU SICK

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WHAT CAUSES SICKNESS AND INJURY?

The human body is fairly strong and can sustain a lot of damage before it succumbs to injuries and sickness but there are a few things that will take it down:

- 1. Injuries stem from physical damage like an automobile accident or physical damage at time of birth. A body can also be injured from eating preservative filled junk food, drinking fluoridated tap water or soft drinks. Other injuries can come from vaccinations, radiation and dental amalgrams. Anything that is destructive to the human body will cause injuries.
- Sickness on the other hand is caused by a breakdown in the emotions of a person, which in turn causes a disturbance in the endocrine system, which then leads to different diseases breaking out in the body. Proverbs 15:13; 17:22; 18:14
- 3. Satan can also cause sickness in the body. Job 2:1-8

HOW DO YOU SEE YOURSELF?

You and I look upon ourselves in a mirror every day. Most of the time the portrait we see is not created by our self but by other people. The way you view yourself begins when you are still in the womb.

If a mother uses drugs it may cause injury to the baby and cause it to become dependent on that stimulation.

If the parents fight and there is much screaming around a baby, it will make the child insecure and cause his immune system to be weakened. Any trauma to the mother will impact the baby.

If there is a discussion about whether a baby should be aborted, this too will create the emotion of rejection in the baby and stay with them for life.

Your childhood picture will be completed by parents, relatives, playmates, teachers, and friends. For the most part, our mental pictures are negative and it make us have a low self esteem and difficulties in accepting ourselves as a creation of God.

In the latter part of his life, King David had a beautiful picture of himself. **Psalm 139:1-18**

DOES GOD MAKE JUNK?

Why is it that white people want to tan their skin while black people try to remove the darkness of their skin? Why is it that people are not satisfied with their



features, like hair, skin, teeth and the size of different body parts? The Bible clearly states God created all things good, not bad! **Genesis 1:1-31**

Lucifer was not content with his ability and status; it was not good enough and he decided to rebel against God. **Isaiah 14:12-14; Ezekiel 28:11-18**

Eve was not content with being the wife of Adam. It was not enough for her to be beautiful, free from sin and sickness, she wanted to become a liberated woman and take a position that she was not intended to possess. **Genesis 3:1-6**

Lucifer and Eve decided that God had done them an injustice in their creation and shortchanged them. That is why they rebelled and tried to correct what they felt God had missed.

The result was a curse upon the human race and the earth. Genesis 3:16-24

JESUS IS OUR HOPE

God has a retrofit program for the human race – salvation through Christ Jesus. **Galatians 3:10-14**

Not only is the curse lifted from those who are saved, but there is a second program that deals with sickness and injuries. **Isaiah 53:1-7; Matthew 8:14-17; 1 Peter 2:24**

RETROFIT PROGRAM

So how do you get into this retrofit program?

- 1. If you become sick, pray that God will show you why the sickness came upon you in the first place. **Psalm 42:1-11**
- 2. You don't want hidden sin in your life; ask God to search and show you areas that need repentance. **Psalm 139:23-24**
- 3. Make sure that you don't harbor any unforgiveness. Matthew 6:14-15
- 4. Make sure that there is no root of bitterness in you. Hebrews 12:14-15
- 5. Let all grudges go and refuse to live in the past. Luke 9:57-62
- 6. Keep on praising the Lord. Philippians 4: 4-13

Remember, it's not so important how you begin your life after salvation, but how you finish it!

Do you have an ear to hear with?